### Demo: LAC Reviews (aged 7-15) April - September 2018

#### The report

This report presents the views given by children and young people for their Looked After Children consultations.

> 56 questionnaires were completed by 55 young people aged 7-15.

The report presents the responses given according to key outcomes:

- Safe
- Settled
- Care Plan
- Health
- Education
- · Family & Social
- Identity & Self

The report presents findings by six people giving the most positive Where the same young person has monthly periods. The current time period for reporting is January to June 2018. The report also includes results from the three previous six month periods for comparison, so the time periods covered by the report are:

January - June 2018 July - December 2017

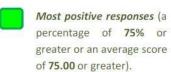
January - June 2017

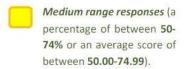
July - December 2016

The report presents average scores and the percentage of most positive responses for questions. Question responses are scaled or 'scored' from 0 to 100, where 100 is the most positive score and 0 the least positive score. Average score tables and charts show the overall average score from 0-100 across all response options. The percentage of young

response (e.g. 'Yes, definitely') is also completed the same questionnaire shown for all questions.

following colour-coding as a simple visual indicator of scales. Scores in the red band show fewer young people selecting the most positive responses and highlight particular areas for improvement.







more than once in the current time period, then all their responses are Tables and charts also use the included. For the current time period:

- 56 questionnaires were completed (44 aged 10-15 and 12 aged 7-9)
- 55 young people participated (43 aged 10-15 and 12 aged 7-9)

Questionnaires were completed by children in other age groups. However, these were not of sufficient number for inclusion in this report. The responses given by these children were used to inform their individual LAC Review Process. In current time period, questionnaires were also completed by:

- > 8 children aged 4-6
- > 6 children aged 16+





# Key Findings

### Safe

Research has found a strong correlation between feeling 'safe and settled' and positive outcomes. Stability and 'felt security' in particular are powerful predictors of positive outcomes. 'Felt' emotional security has been associated with more stability across other life areas and stages.

#### Most children / young people:

- ✓ Felt safe where they lived
- ✓ Did not experience bullying where they lived
- √ Knew how to get help

#### Professionals could:

✓ Explore feelings of safety.

### Settled

Research has found that feeling loved can have a profound and lasting impact on future lives and associated emotional well-being and self-esteem. It is linked with key resilience factors, secure attachments, self-esteem, identity and belonging. Quality of relationships is thought to be key.

#### Most children / young people:

- ✓ Felt happy or settled where they lived
- ✓ Felt helped and supported by carers

#### Professionals could:

✓ Explore what helps children and young people feel settled.

#### Care Plan

Research suggests professionals are key to improving quality of life and positive outcomes, and also in the facilitation of children and young people's participation in the processes of their care. Resilience is promoted by a supportive relationship with a trusted person, who acts as a champion or mentor.

#### Some children / young people:

- Said their social worker did not spend time alone with them
- Did not feel helped by their social worker
- Did not know how long they would live where they were

#### Professionals could:

- ✓ Explore relationships with key workers.
- ✓ Explore the information needs of children and young people.

### Health

Research has found services are not providing for the complexity of health and mental health needs and are underestimating long-term health-related outcomes. Relationships are thought to be key to positive outcomes in health services. Improved planning, data and research is also key.

### Most children / young people:

- ✓ Had no health worries
- ✓ Slept well

#### Some young people:

 Were not sure about having had a LAC health assessment

#### Professionals could:

✓ Explore health planning and assessment.





### Education

Research has consistently found lower achievement levels for children in care. Educational success is associated with better long-term outcomes for all populations. High expectations, set goals and encouragement, along with practical and emotional support are thought to be key.

#### Some children / young people:

- Said they were not happy at school
- Had worries about school
- Wanted more help with school
- Could not access a computer for schoolwork

#### Professionals could:

✓ Explore children and young people's experience of and support for school.

### Family / Social

Research suggests that family and peer relationships might be complex and difficult, and need supporting, but are of vital importance to young people, the development of their identity and contribution to resilience and protective factors. Individual responsiveness is important.

#### Most children / young people:

Wanted more contact with family

#### Some children / young people:

 Said friends could not visit them

#### Professionals could:

✓ Explore contact with family and friends.

### **Identity & Self**

Research suggests that being able to participate and achieve is associated with the development of pride and self-esteem. Being given high expectations is thought to be an important influence on young people's self-perception and aims. Developing self-reliance is also viewed as key to success.

# Most of the children / young people:

Wanted more life story information

#### Some children:

 Said they did not / did not always receive pocket money

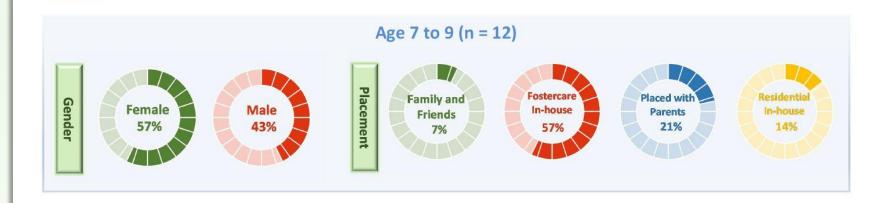
#### Professionals could:

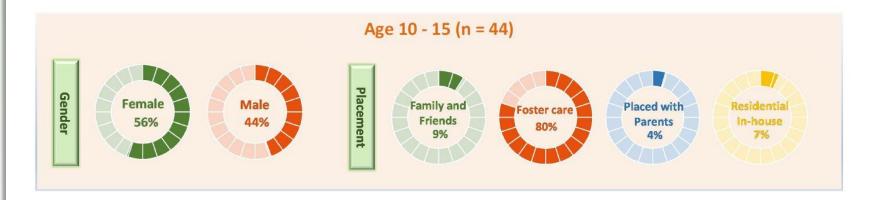
- ✓ Explore life story information.
- ✓ Explore pocket money and savings.





## **Profile**









# Safe 7 to 9

Feel safe where they live

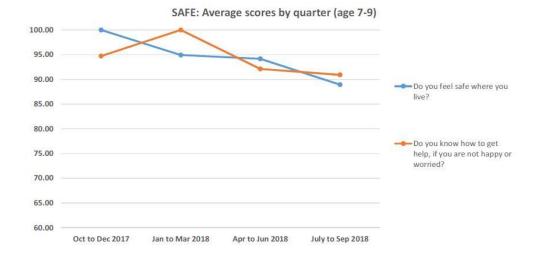


With 1 young person saying 'not often'.

Know how to get help if unhappy or worried



With 1 young person saying 'no, I don't'.



Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
7 to 9	Feel safe where they live	100.00	94.92	94.17	88.92
7 to 9	Know how to get help, if unhappy / worried	94.74	100.00	92.11	90.91

<sup>\*</sup> n = 19 in Oct-Dec 2017 /n = 26 in Jan-Mar 2018 / n = 19-23 in Apr-Jun 2018 / n = 11-12 in July-Sep 2018





## Safe

### 10 to 15

Feel safe where they live



With 2 young people saying 'not often' and 1 young person saying 'no, never'.

Not bullied or picked on where they live

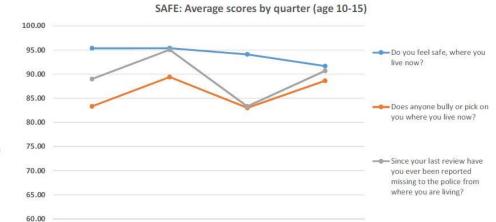


With 2 young people saying 'quite often' and 3 young people saying 'Nearly all the time'.

# Never been reported missing to the police



With 4 young people saying 'yes, once' and 2 young people saying 'yes, more than once'.



10 to 15	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
	- AS 11 P 23	Average A	Average	Average	Average
10 to 15	Feel safe where they live	95.36	95.40	94.11	91.68
10 to 15	Almost never bullied / picked on at placement	83.36	89.39	83.02	88.64
10 to 15	Not been reported missing since last review	89.00	95.07	83.33	90.70

Apr-Jun 2018

July-Sep 2018

Jan-Mar 2018



Oct-Dec 2017



<sup>\*</sup> n = 50 in Oct-Dec 2017 / n = 71-72 in Jan-Mar 2018 / n = 45 in Apr-Jun 2018 / n = 43-44 in July-Sep 2018

# Settled 7 to 9

Feel happy where they live now



With 1 young person saying 'not often' and 1 young person saying 'no, never'.

### Carer helps them

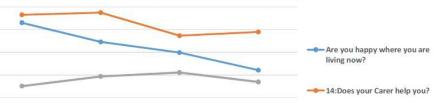


With **no** young people saying they were not helped.

# Like what they have to eat



With **no** young people saying they did not like the food.



July to Sep 2018



SETTLED: Average scores by quarter (age 7-9)

Age	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
7 to 9	Feel happy where they live	96.53	92.31	89.96	86.08
7 to 9	Carer helps them	98.26	98.73	93.67	94.50
7 to 9	Like what they have to eat	82.58	84.69	85.57	83.50

Apr to Jun 2018



100.00 95.00

90.00

85.00

80.00

60.00

Oct to Dec 2017

Jan to Mar 2018



<sup>\*</sup> n = 19 in Oct-Dec 2017 /n = 26 in Jan-Mar 2018 / n = 21-23 in Apr-Jun 2018 / n = 12 in July-Sep 2018

# Health 10 to 15

Have no worries or concerns about health



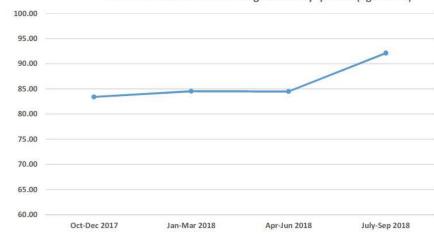
With 1 young person saying 'quite

In last 12 months, had LAC health assessment



With 4 young people saying 'no' and 11 young people saying they didn't know or couldn't remember.

#### NO HEALTH CONCERNS: Average scores by quarter (age 10-15)



Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
10 to 15	No worries / concerns about health	83.40	84.54	84.47	92.12

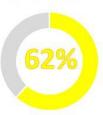
<sup>\*</sup> n = 50 in Oct-Dec 2017 / n = 71 in Jan-Mar 2018 / n = 45 in Apr-Jun 2018 / n = 43 in July-Sep 2018





# Education 10 to 15

Nothing they worry about at school



With 3 young people saying 'quite often' and 1 young person saying 'nearly all the time'.

# Have a suitable place to do homework



With **no** young people saying they did *not* have a suitable place.

Get help from carer with homework



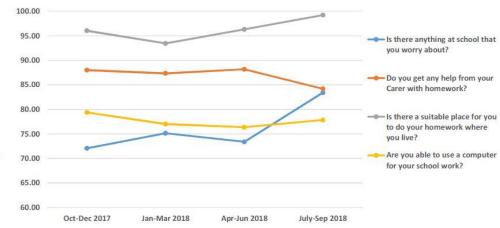
With 4 young people saying 'not at all', 1 saying 'not really' and 6 saying they would like more help.

Can use a computer for school work



With 4 young people saying 'not often' and 3 young people saying 'no, never'.

#### EDUCATION: Average scores by quarter (age 10 to 15)



Age	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
10 to 15	Nothing at school they worry about	72.06	75.11	73.38	83.40
10 to 15	Get help with homework from carer	87.98	87.32	88.16	84.17
10 to 15	Have suitable place to do homework at placement	96.02	93.44	96.31	99.21
10 to 15	Can use a computer for schoolwork at placement	79.38	77.00	76.33	77.83

\* n = 50 in Oct-Dec 2017 / n = 71 in Jan-Mar 2018 / n = 45 in Apr-Jun 2018 / n = 42 in July-Sep 2018





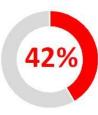
# Family / Social 7 to 9

Friends can come to see them where they live



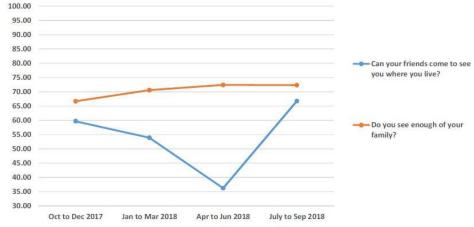
With 2 young people saying 'no, never' and 1 young person saying 'not often'.

See enough of their family



With 1 young person saying 'no, never' and 1 young person saying 'not often'.





Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
7 to 9	Friends come to see them where they live	59.68	53.88	36.22	66.75
7 to 9	See enough of family	66.68	70.54	72.39	72.33

<sup>\*</sup> n = 19 in Oct-Dec 2017 /n = 26 in Jan-Mar 2018 / n = 23 in Apr-Jun 2018 / n = 12 in July-Sep 2018





# Family / Social 10 to 15

Friends can visit where they live



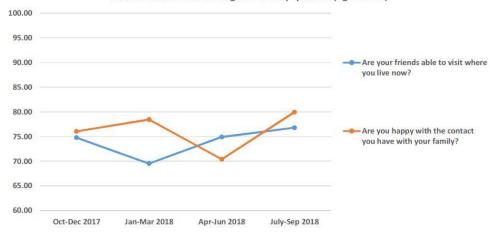
With 5 young people saying 'no, they can't' and 3 young people saying 'I don't have any friends to visit me'.

Happy with contact with family



With 3 young people saying 'not really' and 2 young people saying 'not at all'.

#### FAMILY & SOCIAL: Average scores by quarter (age 10-15)



Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group		Average	Average	Average	Average
10 to 15	Friends are able to visit where they live	74.78	69.52	74.91	76.79
10 to 15	Happy with the contact they have with family	76.02	78.44	70.40	79.93

<sup>\*</sup> n = 50 in Oct-Dec 2017 / n = 71 in Jan-Mar 2018 / n = 45 in Apr-Jun 2018 / n = 43 in July-Sep 2018





## Identity & Self 10 to 15

Have as much life story information as they like



With 8 young people saying 'not at all' and 7 young people saying they would like more.

Can look / dress the way they prefer



With 2 young people saying 'not as much as I'd like', 1 young person saying 'not at all' and 5 saying they would like more choice.

Can follow religion or family customs

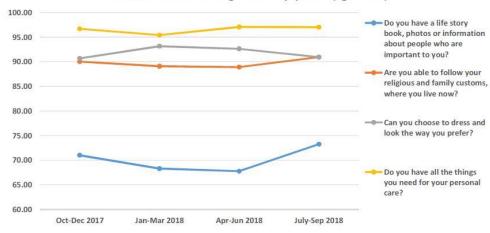


With 3 young people saying 'no, never'.

Have the things needed for personal care



IDENTITY & SELF: Average scores by quarter (age 10-15)



Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
	Sq. 1 (2)	Average Average Ave	Average	ge Average	
10 to 15	Have a life story book / information	71.00	68.31	67.78	73.26
10 to 15	Are able to follow religion / family customs	90.02	89.07	88.91	90.93
10 to 15	Can choose to look and dress the way they prefer	90.68	93.15	92.62	90.93
10 to 15	Have all things needed for personal care	96.68	95.39	97.04	97.00

\*n = 50 in Oct-Dec 2017 / n = 71-73 in Jan-Mar 2018 / n = 45 in Apr-Jun 2018 / n = 43-44 in July-Sep 2018

In addition, 66% of the young people said they 'always' got pocket money (n = 29), with 25% saying 'quite often' (n = 11), and 9% saying 'not often' or 'no,





### What's gone well

'i like it when people come to my review. swimming dancing, football. school and clubs good.'

'starting new school get ps4 soon'

'My education is going well and I now have my pen licence.'

'just my work is doing good and i think i am doing well to'

'Ive made new friends at the caravan, ive been allowed outside, we get on sometimes but we have our ups and downs'

'My first holiday abroad, photos taken with dolphin and sea lion, my phone contact with my mum going well, contact with my dad doing well'

'i got a mastering for one of my art work from school.'

'going on a plane, new school, holidays in a caravan with friends, good school report'

'Doing more school work at home, Good friendship group, New bedroom, Good 6 weeks'

### What's been difficult

'school arguing'

'Me being naughty sometimes, arguments'
'Moving placement, stolen things, fallen out

with previous foster'

'school'

'Not having contact with my mum much, only once since October 2017'

'been here don't like it here the carers are not nice to me I hate it here...'

'Dad not turning up to Contact. Social worker can't get in touch with him :('

'I'm missing my brother, I want contact to be arranged.'

'Homework'

'starting year 11'

'the thing that has not gone well is that my great grandma died of cancer'

'My dad not turning up at contact is really upsetting and finding out about...my new brother... however I'm mostly excited about that.'

# Why they are not going to review

'Because i don't want to.'

'I am on a school trip.'

'Because I can't be bothered to listen to the conversations'

'Because I don't usually go'

'depends what lesson i have'

'Because i don't like being there and answering

the questions'

'because I have started my GSCE'

'Bit nervous.'

'Am at school'

'Because they are boring'

'I havent been asked to go.'

'I am excluded and band from school till after the review'





# Local Pledges 10 to 15

Education matters								
Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018			
Олоцр		Average	Average	Average	Average			
10 to 15	Get help with homework from carer	87.98	87.32	88.16	84.17			
10 to 15	Have suitable place to do homework at placement	96.02	93.44	96.31	99.21			
10 to 15	Can use a computer for school work at placement	79.38	77.00	76.33	77.83			

Open, honest workers								
Age	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018			
Group		Average	Average	Average	Average			
10 to 15	Social worker spends time with them on their own	80.02	74.75	73.38	72.33			
10 to 15	Social worker helps with problems	80.68	82.61	82.98	82.50			
10 to 15	Can get in touch with social worker when needed	87.34	81.23	81.51	76.24			

Kept safe								
Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018			
Group		Average	Average	Average	Average			
10 to 15	Feel safe where they live	95,36	95.40	94.11	91.68			
10 to 15	Feel happy where they live	92.70	92.36	84.53	92.43			
10 to 15	Almost never bullied / picked on at placement	83.36	89.39	83.02	88.64			
10 to 15	Not been reported missing since last review	89.00	95.07	83.33	90.70			

	Understan	d care			
Age	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
Group	100 SQ	Average	Average	Average	Average
10 to 15	Discussed how long living at placement	85.00	82.39	83.33	72.62

Family contact					
Age Group	Key Findings	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	July-Sep 2018
		Average	Average	Average	Average
10 to 15	Friends are able to visit where they live	74.78	69.52	74.91	76.79
10 to 15	Happy with the contact they have with family	76.02	78.44	70.40	79.93





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